Values of Islam – Orientation Document

Vision

A greater vision of a meaningful life for us, Muslims, is achievable by struggling for beneficial knowledge (علم نافع) and working on ourselves accordingly.

Goal of this course

To live a meaningful life by understanding and adhering to the values of Islam in the correct Islamic Worldview.

Aims and Objectives

- *How we can work on ourselves to live a meaningful life.*
- *Exploring the deeper meanings and higher objectives (مقاصد) of Islam and Shariah.*
- *Identifying the barriers and challenges posed by modern civilization to live a meaningful life.*

Duration

12 weeks – 2 sessions per week = 25 Sessions in total

25 sessions x 2 hours = 50 hours

Structure

Discussions | Reflections | Reading | Practical Assignments.

Course Outline

1. Differentiating between Islamic and Western Worldviews
    a. Reviewing concepts of God, Human, Success, Knowledge etc
    b. How the worldview shapes our values.
2. Modernity and Market Values
    a. Corruption of core life concepts.
    b. Decoding reality of Modern values
3. Islamic values and our life
    a. Defining the problems at personal, family and social level.
    b. Possible solutions.

Course Schedule

Session 1	3rd June 2026	• Introduction and Orientation
Session 2	6th June 2026	• Learning mechanics, concept of علم نافع, types of values, Understanding core Islamic values
Session 3	10th June 2026	• Defining core life concepts in western and Islamic Worldviews
MODULE 1: **Choices & Consequences:** How Western and Islamic Worldviews Shape Our Lives		
Session 4	13th June 2026	• *Discussion Continued* – Foundations of Islam and West
Session 5	17th June 2026	• *Discussion Continued* – Secondary beliefs and their importance
Session 6	20th June 2026	• *Discussion Continued* – Concepts of God and Human being
Session 7	27th June 2026	• *Discussion Continued* – Concepts of Success and Knowledge
Session 8	1st July 2026	• *Discussion Continued* – Concepts of Justice and Social Order
Session 9	4th July 2026	• *Discussion Continued* – Concepts of Nature, Health and Education
Session 10	8th July 2026	• *Discussion Continued* – Concepts of Problem and Solution and Our Governing Principles
Session 11	11th July 2026	• Relationship between our Values and Our Worldview | Identifying 50+ specific values of Islam
MODULE 2: **Tyranny of Modern life:** How Contemporary Systems Fracture Human Life		
Session 12	15th July 2026	• Tyranny and deceptions of modernity – illusion of Progress
Session 13	18th July 2026	• Problem of Awe and how it affects our values
Session 14	22th July 2026	• "Doing wrong vs justifying the wrong"
Session 15	25th July 2026	• Deconstructing modernization of Islam and Islamization of Modernity
MODULE 3: **Returning to Fitrah:** Practical Steps to Spiritual and Physical Health		
Session 16	29th July 2026	• Defining the problems – Personal level – Believing in yourself | What is Selfawareness?
Session 17	1st Aug 2026	• *Discussion continued* – How to work on your psychological health?
Session 18	8th Aug 2026	• *Discussion continued* …

Session 19	12th Aug 2026	•	Manners of Reflection & Intellectual development in Islamic paradigm
Session 20	15th Aug 2026	•	*Discussion continued …*
Session 21	19th Aug 2026	•	*Discussion continued* – Family Level – Building Trust, Family and the meaning of life
Session 22	22nd Aug 2026	•	*Discussion continued* – Social level – RETHINKING CHANGE
Module 4: **The Lifelong Path:** Knowledge, Mentorship, and Mindful Living			
Session 23	29th Aug 2026	•	Correct sources of knowledge, Finding a mentor and likeminded company
Session 24	2nd Sept 2026	•	Summing up - Meaningful and Mindful Living
Session 25	5th Sept 2026	•	Closing

About the Course Instructor

Assalamu Alaikum,

My name is Abdul Basit. I have been teaching O and A Level Mathematics for the past 13 years, working closely with students and helping them develop clarity, discipline, and confidence in their learning.

Alongside my teaching career, I have completed the 9-year Dars-e-Nizami (Aalim) program, a comprehensive course of Islamic studies that has significantly shaped my understanding of Islam, Shariah, Quran, Hadith, Arabic language, and the Islamic intellectual tradition.

In 2023, I completed the PTCC (Batch 56) and later had the opportunity to serve as a co-mentor in Batches 59 and 61. I have also completed a year-long course titled *Understanding Modernity and the Contemporary Age*, which deepened my understanding of modern worldviews and their influence on how we think about knowledge, success, identity, and human flourishing.

Over the years, one observation has become increasingly clear to me: many of the challenges faced by young Muslims today are not merely practical problems, but questions of perspective and worldview. The way we understand life, success, knowledge, happiness, purpose, and personal growth inevitably shapes the choices we make and the lives we live.

This course was developed with the hope of helping students explore these questions through an Islamic framework that is both intellectually grounded and practically relevant. Rather than focusing solely on information, the course aims to encourage reflection, meaningful discussion, and a deeper appreciation of how Islamic values can guide us in navigating the opportunities and challenges of contemporary life.

I pray that Allah ﷻ makes this effort beneficial for all of us, grants us beneficial knowledge (علم نافع), and enables us to live according to the values that bring us closer to Him.